

Toowoomba Road Runners - Monday and Friday Afternoon Runs
 Meet at Middle Ridge Park, Stenner Street, at 5:15pm

| | | |
|--------------------|-------------------|---------|
| Monday 31 Oct 2011 | Trails North | 9 km |
| Friday 4 Nov 2011 | East Creek | 9.3 km |
| Monday 7 Nov 2011 | Hospital | 9.3 km |
| Friday 11 Nov 2011 | USQ | 9.3 km |
| Monday 14 Nov 2011 | Picnic Point | 10 km |
| Friday 18 Nov 2011 | Trails South | 9.3 km |
| Monday 21 Nov 2011 | West Creek | 8.6 km |
| Friday 25 Nov 2011 | Centenary Heights | 9.2 km |
| Monday 28 Nov 2011 | Gold Park/Golf | 9.9 km |
| Friday 2 Dec 2011 | Rangeville Ramble | 10 km |
| Monday 5 Dec 2011 | The Spur | 10.2 km |
| Friday 9 Dec 2011 | Smithfield | 9.8 km |
| Monday 12 Dec 2011 | Nielsen Park | 8.5 km |
| Friday 16 Dec 2011 | High Street | 8.8 km |
| Monday 19 Dec 2011 | Nelson St | 10.3 km |
| Friday 23 Dec 2011 | Trails North | 9 km |
| Monday 26 Dec 2011 | East Creek | 9.3 km |
| Friday 30 Dec 2011 | Hospital | 9.3 km |
| Monday 2 Jan 2012 | USQ | 9.3 km |
| Friday 6 Jan 2012 | Picnic Point | 10 km |
| Monday 9 Jan 2012 | Trails South | 9.3 km |
| Friday 13 Jan 2012 | West Creek | 8.6 km |
| Monday 16 Jan 2012 | Centenary Heights | 9.2 km |
| Friday 20 Jan 2012 | Gold Park/Golf | 9.9 km |
| Monday 23 Jan 2012 | Rangeville Ramble | 10 km |
| Friday 27 Jan 2012 | The Spur | 10.2 km |
| Monday 30 Jan 2012 | Smithfield | 9.8 km |
| Friday 3 Feb 2012 | Nielsen Park | 8.5 km |
| Monday 6 Feb 2012 | High Street | 8.8 km |
| Friday 10 Feb 2012 | Nelson St | 10.3 km |
| Monday 13 Feb 2012 | Trails North | 9 km |
| Friday 17 Feb 2012 | East Creek | 9.3 km |
| Monday 20 Feb 2012 | Hospital | 9.3 km |
| Friday 24 Feb 2012 | USQ | 9.3 km |
| Monday 27 Feb 2012 | Picnic Point | 10 km |
| Friday 2 Mar 2012 | Trails South | 9.3 km |
| Monday 5 Mar 2012 | West Creek | 8.6 km |
| Friday 9 Mar 2012 | Centenary Heights | 9.2 km |
| Monday 12 Mar 2012 | Gold Park/Golf | 9.9 km |
| Friday 16 Mar 2012 | Rangeville Ramble | 10 km |
| Monday 19 Mar 2012 | The Spur | 10.2 km |
| Friday 23 Mar 2012 | Smithfield | 9.8 km |
| Monday 26 Mar 2012 | Nielsen Park | 8.5 km |
| Friday 30 Mar 2012 | High Street | 8.8 km |
| Monday 2 Apr 2012 | Nelson St | 10.3 km |
| Friday 6 Apr 2012 | Trails North | 9 km |
| Monday 9 Apr 2012 | East Creek | 9.3 km |
| Friday 13 Apr 2012 | Hospital | 9.3 km |
| Monday 16 Apr 2012 | USQ | 9.3 km |
| Friday 20 Apr 2012 | Picnic Point | 10 km |
| Monday 23 Apr 2012 | Trails South | 9.3 km |
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| Friday 4 May 2012 | Gold Park/Golf | 9.9 km |
| Monday 7 May 2012 | Rangeville Ramble | 10 km |
| Friday 11 May 2012 | The Spur | 10.2 km |
| Monday 14 May 2012 | Smithfield | 9.8 km |
| Friday 18 May 2012 | Nielsen Park | 8.5 km |
| Monday 21 May 2012 | High Street | 8.8 km |
| Friday 25 May 2012 | Nelson St | 10.3 km |
| Monday 28 May 2012 | Trails North | 9 km |
| Friday 1 Jun 2012 | East Creek | 9.3 km |
| Monday 4 Jun 2012 | Hospital | 9.3 km |
| Friday 8 Jun 2012 | USQ | 9.3 km |
| Monday 11 Jun 2012 | Picnic Point | 10 km |
| Friday 15 Jun 2012 | Trails South | 9.3 km |
| Monday 18 Jun 2012 | West Creek | 8.6 km |
| Friday 22 Jun 2012 | Centenary Heights | 9.2 km |
| Monday 25 Jun 2012 | Gold Park/Golf | 9.9 km |
| Friday 29 Jun 2012 | Rangeville Ramble | 10 km |
| Monday 2 Jul 2012 | The Spur | 10.2 km |
| Friday 6 Jul 2012 | Smithfield | 9.8 km |
| Monday 9 Jul 2012 | Nielsen Park | 8.5 km |
| Friday 13 Jul 2012 | High Street | 8.8 km |
| Monday 16 Jul 2012 | Nelson St | 10.3 km |
| Friday 20 Jul 2012 | Trails North | 9 km |
| Monday 23 Jul 2012 | East Creek | 9.3 km |
| Friday 27 Jul 2012 | Hospital | 9.3 km |
| Monday 30 Jul 2012 | USQ | 9.3 km |
| Friday 3 Aug 2012 | Picnic Point | 10 km |
| Monday 6 Aug 2012 | Trails South | 9.3 km |
| Friday 10 Aug 2012 | West Creek | 8.6 km |
| Monday 13 Aug 2012 | Centenary Heights | 9.2 km |
| Friday 17 Aug 2012 | Gold Park/Golf | 9.9 km |
| Monday 20 Aug 2012 | Rangeville Ramble | 10 km |
| Friday 24 Aug 2012 | The Spur | 10.2 km |
| Monday 27 Aug 2012 | Smithfield | 9.8 km |
| Friday 31 Aug 2012 | Nielsen Park | 8.5 km |
| Monday 3 Sep 2012 | High Street | 8.8 km |
| Friday 7 Sep 2012 | Nelson St | 10.3 km |
| Monday 10 Sep 2012 | Trails North | 9 km |
| Friday 14 Sep 2012 | East Creek | 9.3 km |
| Monday 17 Sep 2012 | Hospital | 9.3 km |
| Friday 21 Sep 2012 | USQ | 9.3 km |
| Monday 24 Sep 2012 | Picnic Point | 10 km |
| Friday 28 Sep 2012 | Trails South | 9.3 km |
| Monday 1 Oct 2012 | West Creek | 8.6 km |
| Friday 5 Oct 2012 | Centenary Heights | 9.2 km |
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